EARLY-STAGE ORAL THRUSH:
A GUIDE TO DETECTION & CARE

RECOGNISING THE SIGNS & RISKS

Creamy White Patches

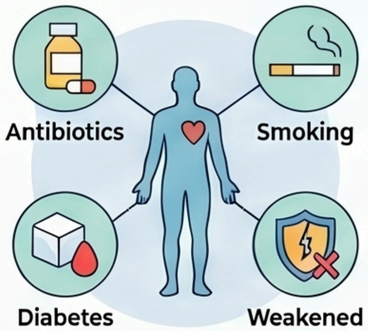
Symptom

Visible spots typically found on the tongue, inner cheeks, gums, or roof of mouth.

The "Cotton-Mouth" Sensation

Key Finding

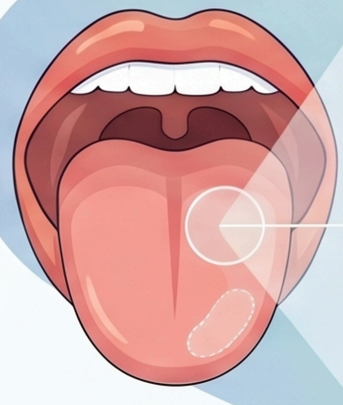
A dry, cotton-like feeling in the mouth often accompanied by a loss of taste.



Disrupted Microbial Balance

Risk Factor

Triggered by antibiotic use, smoking, diabetes, or a weakened immune system.



EARLY VS. ADVANCED STAGE

Symptom	Early Stage	Advanced Stage
White patches	Small, patchy areas	Larger, spread-out patches
Soreness	Mild discomfort	Severe soreness and redness
Pain	Mild discomfort when eating	Significant pain while swallowing

TREATMENT & PREVENTION

Targeted Antifungal Medications

Definition

Common treatments include Hystatin oral suspensions, Fluconazole tablets, or Clotrimazole lozenges.

Proper Oral Hygiene

Supporting Fact

Brushing twice daily and cleaning dentures is essential to clearing the infection.

Post-Inhaler Care

Users of inhaled corticosteroids should rinse their mouths after use to prevent fungal growth.

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